

KAHN MARTIAL ARTS

Effective: 4/17/2023

(763) 501-1705

kahnmartialarts.com

1850 Weir Dr. Woodbury

MONDAY

White	4:45-5:15	Ages 5+
Red-Black	5:15-5:45	Ages 5+
Kickboxing	5:45-6:15	Ages 14+
Purple-Adv Blue	6:15-6:45	Ages 5+
Sparring	6:45-7:15	Green Belt+
Gold-Green	7:15-7:45	Ages 5+
All Belts	7:45-8:45	Ages 14+

TUESDAY

Red-Black	4:45-5:15	Ages 5+
White	5:15-5:45	Ages 5+
Purple-Adv Blue	5:45-6:15	Ages 5+
Weapons	6:15-6:45	Green Belt+
Gold-Green	6:45-7:15	Ages 5+
All Belt	7:15-8:00	Ages 14+
MMA	8:00-9:00	Ages 14+

WEDNESDAY

White	4:45-5:15	Ages 5+
Purple-Adv Blue	5:15-5:45	Ages 5+
Mega Team	5:45-6:15	Everyone
Red-Black	6:15-6:45	Ages 5+
Gold-Green	6:45-7:15	Ages 5+
All Belts	7:15-8:15	Ages 14+

THURSDAY

Gold-Green	4:45-5:15	Ages 5+
Purple-Adv Blue	5:15-5:45	Ages 5+
Sparring	5:45-6:15	Green Belt+
Red-Black	6:15-6:45	Ages 5+
White	6:45-7:15	Ages 5+
All Belts	7:15-8:00	Ages 14+
MMA	8:00-9:00	Ages 14+

FRIDAY

White	4:45-5:15	Ages 5+
Red-Black	5:15-5:45	Ages 5+
Gold-Green	5:45-6:15	Ages 5+
Purple-Adv Blue	6:15-6:45	Ages 5+
Tournament Practice	6:45-7:15	Everyone
Testing	7:30	